



# METROPOLITAN CAFE

## ~ BREAKFAST ALL DAY ~

FRESH FRUIT SALAD ~ our crème fraîche 5<sup>.25</sup>  
METRO GRANOLA ~ yogurt or our ricotta 5<sup>.75</sup>  
WARM CEREAL ~ dried berries 4<sup>.95</sup>  
CAFÉ BREAD ~ butter & our jam 3  
TOASTED BREAKFAST TART 4  
TOASTED BAGEL 1<sup>.50</sup> Our cream cheese 1 | Salmon dill spread 2<sup>.50</sup>  
CURED SALMON ~ toasted bagel, our cream cheese, cucumber salad 8<sup>.50</sup>  
SMOKED WHITEFISH SALAD ~ bagel, pickled red onion, tomato, butter lettuce 9  
FRIED EGG SANDWICH ~ sautéed greens, potato, oven roasted tomatoes, rouille, poppy seed twist 6<sup>.75</sup>  
BISCUIT & EGG SANDWICH ~ bacon onion jam, cheddar cheese 5<sup>.95</sup>  
MEXICAN BAKED EGG ~ spicy tomato sauce, cheddar cheese 7<sup>.50</sup>  
OVERNIGHT BRIOCHE FRENCH TOAST ~ apple cinnamon syrup 5<sup>.95</sup>

## ~ SOUPS, SALADS, & SNACKS ~

SOUP OF THE DAY ~ café bread Sm. 4<sup>.25</sup> | Lg. 6<sup>.25</sup>  
WARM PRETZEL ~ house mustard 2<sup>.75</sup>  
HUMMUS & TOAST ~ cucumber salad, olives 8  
MIXED GREENS ~ lemon mustard vinaigrette 7<sup>.50</sup>  
CHOPPED VEGETABLE SALAD ~ green goddess dressing 9<sup>.50</sup> | Applewood smoked bacon 2  
BEET & FENNEL SALAD ~ candied pumpkin seeds, greens, citrus vinaigrette, feta 9<sup>.75</sup>  
KALE APPLE CAESAR SALAD 9<sup>.50</sup> Sliced chicken 2<sup>.50</sup>  
FRENCH TARRAGON CHICKEN SALAD 10<sup>.25</sup>

## ~ SANDWICHES ~

FRENCH TARRAGON CHICKEN SALAD ~ greens, café bread 9<sup>.25</sup>  
SHORT RIB ~ caramelized onion, taleggio, pickles, café bread 9<sup>.50</sup>  
SHELburne CHEDDAR & STONEFRUIT CHUTNEY ~ multigrain bread 9  
CRUSHED ALMOND & LEMON PESTO ~ fontina, goat cheese, café bread 9<sup>.25</sup>  
READY-TO-EAT SELECTION Vegetable 7<sup>.75</sup> | Meat 8<sup>.50</sup>

## ~ PIZZA & PIES ~

SAVORY TART ~ greens 8<sup>.75</sup>  
TOP CRUST CHICKEN PIE 8<sup>.75</sup>  
HALF PIZZA OR FOCACCIA ~ greens 8<sup>.75</sup>

~ SWEETS ~

APPLE BROWN BETTY 5<sup>.75</sup>  
CARROT LAYER CAKE 6  
CHOCOLATE MOUSSE 6<sup>.25</sup>  
CHOCOLATE LAYER CAKE 6  
CHOCOLATE CHIP COOKIE ~ warmed 2  
METRO SWEETS TO ORDER

~ DRINKS ~

GREEN STREET COFFEE 1 <sup>.95</sup>	ICE COFFEE 2 <sup>.50</sup>
ESPRESSO    Single 1 <sup>.25</sup>   Double 2 <sup>.25</sup>	ICED TEA 2 <sup>.75</sup>
AMERICANO 2 <sup>.50</sup>	ICED AMERICANO 3
CAPPUCCINO 3 <sup>.25</sup>	ICED CAPPUCCINO 4
LATTE 3 <sup>.25</sup>	ICED LATTE 4
MOCHA 3 <sup>.75</sup>	ICED MOCHA 4 <sup>.25</sup>
MOCHACCINO 3 <sup>.75</sup>	ICED MOCHACCINO 4 <sup>.25</sup>
CAFÉ AU LAIT 2 <sup>.75</sup>	ICED CAFÉ AU LAIT 3 <sup>.50</sup>
MACCIATO 2 <sup>.45</sup>	ICED MACCIATO 3 <sup>.20</sup>
CHAI 3 <sup>.25</sup>	ICED CHAI 4
CRÈME CARAMEL STEAMER 2 <sup>.75</sup>	
HOT CHOCOLATE 3	ORANGE JUICE ~ freshly squeezed 3
TEAS BY PREMIUM STEAP (see list below) 3	

~ TEAS *by* PREMIUM STEAP ~

GREEN TEAS ~ *low caffeine*

YIN GOU ~ organic Chinese green tea with robust taste, no bitterness  
MOROCCAN MINT ~ organic Chinese gunpowder tea flavored with peppermint  
GENMAICHA ~ medium bodied Japanese green tea with a sweet and toasted nutty flavor

OOLONG TEAS ~ *moderate caffeine*

MILK OOLONG ~ a velvety smooth and lightly creamy Chinese tea with a hint of orchid

BLACK TEAS ~ *moderate caffeine*

EARL GREY ~ classic blend of organic Assam (India) & Nilgiri (India) black tea flavored with bergamot  
ORGANIC YOGA CHAI ~ authentic Indian spiced tea blended with Indian black tea flavored with cinnamon, cloves, cardamom, spices, and fennel  
MT. EVEREST ~ robust breakfast blend with organic Assam (India) and Yunnan (China)  
BLACK PEACH ~ refreshing organic Nilgiri (India) black tea flavored with peach

HERBAL TEAS ~ *caffeine free*

GINGER & LEMONGRASS ~ organic ginger and lemongrass, digestive  
LEMON MYRTLE ROOIBOS ~ clean, crisp lemon myrtle (Australia) and sweet rooibos (South Africa)  
CHAMOMILE & LAVENDER ~ relaxing blend of organic chamomile and lavender